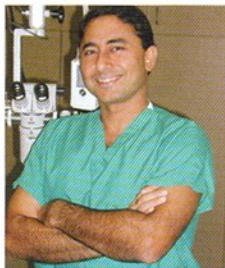


Visualizing A Better Future

Vast improvements in corrective vision techniques can help you enjoy the richness of life!



The way we see things so affects our outlook on life. When we see our world clearly and vividly, life takes on a clarity and focus, an edge. We feel alive and young. But as the years wear on, slowly—almost imperceptibly—our vision begins to fade and we accommodate the gradual dulling of our senses. One day, we awake to find that we have settled for mediocrity in life as well as vision—but that doesn't have to be the case.

What's amazing to most people who undergo a corrective vision procedure is the instant rejuvenation and restored vitality they feel upon seeing clearly again for the first time in years. "I can't believe how simple it was—I walked in, walked out twenty minutes later, and the next day I was back working," says construction contractor Terry Gicking, who opted to correct his reading vision in one eye while maintaining distance vision in the other. "I tell everyone I know that they should do it. There's no pain, nothing to be afraid of, and I can't describe the difference—it's incredible." For a man who spends his life walking on rooftops, the ability to see closely enough to pound nails while also taking in the big picture is priceless. His investment in vision therapy has already begun to pay off in quality of life and professional longevity—two areas that don't have to be diminished by the passage of time.

"The technology has come so far even in the last two to four years," says Rajesh Khanna, MD of the Khanna Institute of LASIK and Refractive Surgery. An internationally-recognized, fellowship-trained and certified Master of Surgery who has won numerous national honors as well as recognition from the World Health Organization for his pioneering and painless techniques, Dr. Khanna brings to Westlake Village the safest and most technologically-advanced methods of refractive laser surgery. Having performed vision correction since 1991 and linked to a network of cutting-edge practitioners via the web, Dr. Khanna's files are filled with testimonials from satisfied patients from the throughout community:

- The actor who was having difficulty reading cue cards and reading scripts without squinting
- The dentist whose ability to see during complex root canal procedures was impeded
- The athlete who was unable to wear corrective lenses during high intensity game situations
- The scuba diver whose ability to enjoy undersea voyages was dimming
- The retiree whose golf game had suffered because he could not see the ball
- The pastor who was having trouble reading sermon notes
- The postal worker whose inability to tolerate her contact lenses slowed her performance

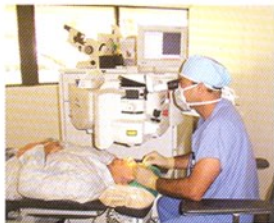
From artists to antique restorers, "virtually anyone over the age of 18" who desires to experience the richness of life in its clarity and vividness will benefit from corrective vision surgery, says Khanna, an investment which pays for itself in the convenience of restoring day to day vision. Though some patients still may need glasses for specialized use, Dr. Khanna's patients claim the overall improvement in vision far outweighs anything else. "It beats looking for my glasses every time I want to read something, or dealing with all those cleaning solutions and schedules!" says one patient.

"Our procedures can offer a measure of safety and stability never before possible," Dr. Khanna explains, "because the technology is advancing so quickly. This is not like the 'cattle-call' line-up of LASIK schools that have been popular the last few years." With his attentive and supportive manner, Dr. Khanna is clearly enthusiastic when he shares how pleased his patients have been with their outcomes and bears the quiet, confident demeanor of one who is able to back up his claims.

To demonstrate, he displays a virtual map of an eyeball using a complex "point-spread function," which measures shape, thickness, power and various other parameters with an accuracy of 1/1000th of a millimeter (a micron). "If a person sees glare or a blurriness they can't describe, we can actually use this to see what they see," says Dr. Khanna, observing a pinpoint of white on a black field

surrounded by an asymmetrical halo. He also utilizes a highly-expensive Moria instrument to fashion a corneal flap, which acts like a natural contact lens in the healing process. This sophisticated instrument can be outfitted with various sized rings to match the exact diameter of a patient's cornea, unlike the "one size fits all" approach of previous technologies.

A final innovation is found in the advancement of the laser technology itself. "In the past it was necessary to remove a fixed diameter from a layer of the cornea," explains Dr. Khanna, "but today's techniques are much more sophisticated and they correlate to the highly-individualized information we get from our scan. Instead of shaving off an even layer, we use a combination of points generated by a wavefront machine and transfer directly to the LASER by a diskette, so that every part of the surface is treated according to individual anomalies of that eye." In patients who are not candidates for LASIK, there is an option of doing an advanced surface abrasion—much like sanding away the surface. In addition, the laser now has a tracking ability, explains Dr. Khanna, which allows the skilled surgeon to accommodate even minute movements of the eye during the surgery itself, again minimizing inaccuracies during the procedure.



Most patients are able to return to their regular activities within a few days, and Dr. Khanna's responsiveness to patients (he gives each patient a direct number to his personal pager) ensures that recovery care goes as smoothly as the five-minute operation, which pleases both parties. "A lot of times, people have not been happy with results from other centers and

come to us for corrective surgery," says Khanna. "We consult with each patient personally, show them a simple orientation video and even have them take a test to be sure they understand what to expect. We prescreen very carefully for potential complexities, and even invite family members in to ask questions before we proceed," says Dr. Khanna. All these factors serve to give the person exactly what they want: The most accurate and individualized vision correction with lasting, reliable results in a pain-free, optimal setting. More than seeing well, Dr. Khanna revives a new outlook on life, and that, he says, is often the greatest reward. **WM**

FOR MORE INFORMATION

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